

Prayers for Well Being

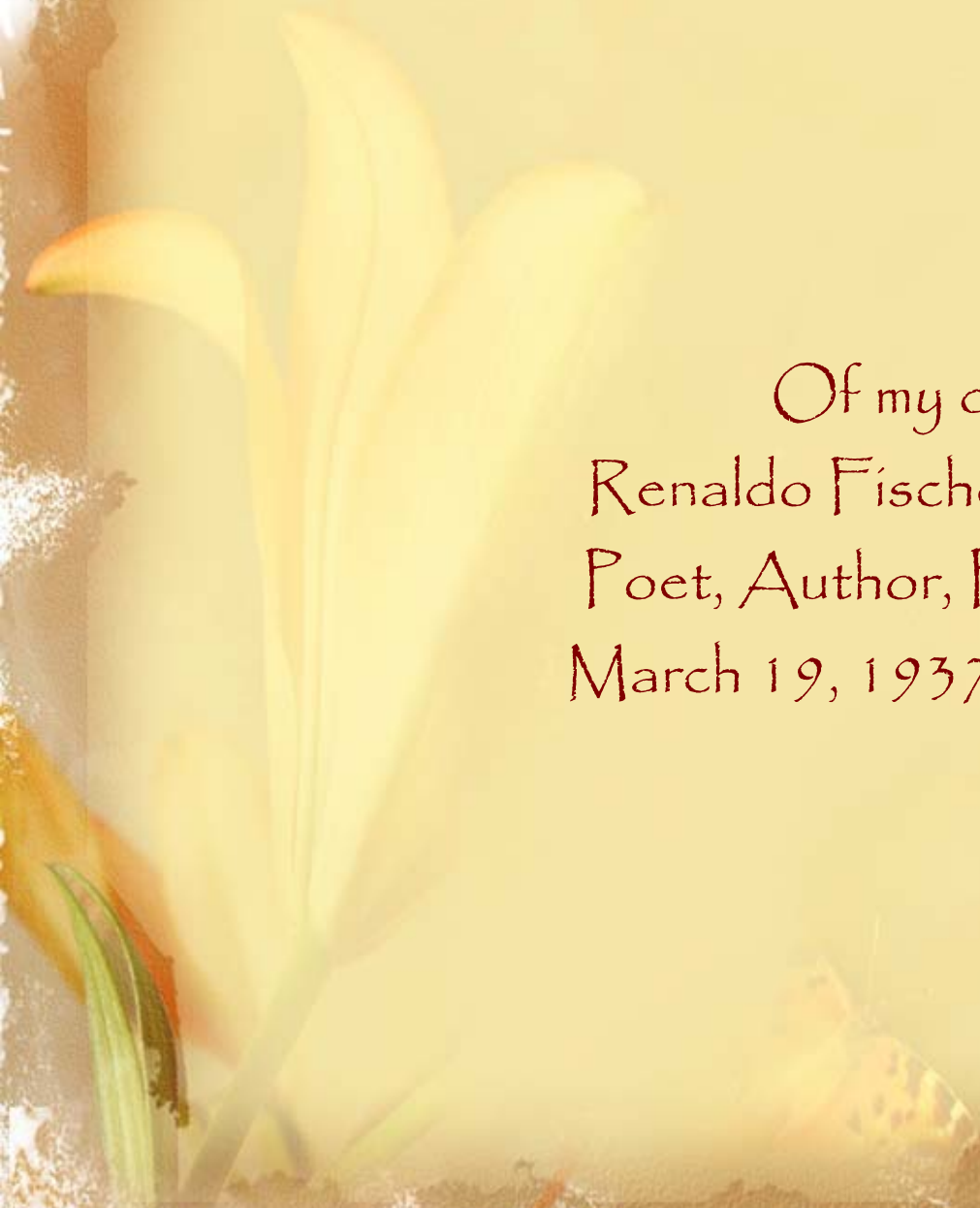
Prayers for Well Being

by
Rosemary Partridge
Doctor of Ministry

In Remembrance...



Of my dear friend
Renaldo Fischer, M.D. D. Min.
Poet, Author, Physician, Healer
March 19, 1937 to July 18, 2003



About this eBook



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Table of Contents



I.	Suggested Ways to Use This Book	page 7
II.	Prayers for the Body	page 9
	Moving in the Body	page 10
	Food Can Be One of Your Best Medicines	page 11
	Self Care, An Art, A Science	page 12
	Prayers for Physical Vitality	page 13
	A Prayer for Healing the Body	page 16
	Safe Haven	page 17
	Doing and Being	page 18



III.	Prayers for Emotional Well Being	page 19
	I Celebrate Myself	page 20
	Healthy Relationships	page 21
	To Maintain Things Must Change	page 22
	Release Worry, Cultivate Faith	page 23
	Prayers for Faith	page 24
	When Things Overwhelm	page 25
	Letting Go of Destructive Habits	page 26
	A Prayer for Releasing Trauma	page 27
	Prayers for Releasing Toxic Emotions	page 28
	Coping With Loss	page 30
	Forgive and Let Go	page 31
	Emotional Maturity	page 32
	Praise and Appreciation	page 33
	May I Be As a Calm Shore	page 34

Table of Contents Continued



IV. Prayers to Keep in Mind



Peace With Oneself

page 35

Hearing the Song of Creation - Balancing the Mind

page 36

Balanced Self Reflection

page 37

Compassionate Assessment

page 38

Affirmative Prayers for Mental Focus, Discernment and Wisdom

page 39

A Prayer for Nurturing Brilliance

page 40

Quiet Acts of Love

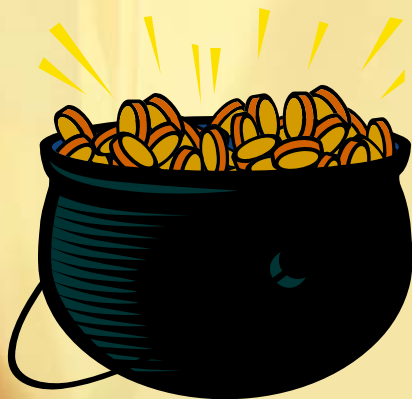
page 41

I am Grateful

page 42

page 43

V. Prayers for Work and Money



I am Financially Intelligent

page 44

Right Livelihood

page 45

Healthy Circulation of Energy

page 46

My Most Elegant Orbit

page 47

Hidden Gems

page 48

Healthy Relationship to Money

page 49

The Golden Thread of Destiny

page 50

page 51

Table of Contents Continued



VI. Soulful Prayers	page 52
Consult God First	page 53
God is All Around	page 54
Affirmative Prayers for Guidance, Protection and Safety	page 55
Give Time to Spiritual Practice	page 56
Surrender	page 57
A Valuable Part of the Whole	page 58
I am Guided By the Spirit of Love and Wisdom	page 59
Being of Service	page 60
Whole and Holy	page 61
Spin Into It	page 62
Kiss the Ground and Dance Under the Stars	page 63
VII. Blessing for All	page 64
VIII. Rosemary Partridge, Biography	page 65



Suggested Ways To Use This Book



Welcome to Prayers for Well Being. The prayer book is organized into sections for:

- The Body
- Emotional Health
- The Mind
- Prayers for Work and Money
- Spiritual Well Being

Basic Premise for These Prayers

- Well being is a natural state when connected to our authentic inner nature and connected to the whole.
- Love and nature heal.
- Each person is intrinsically spiritual, whole and holy with blessings to share.
- Being of service and giving forth of your unique gifts and talents is an essential part of well being.
- Health is a process of dynamically balancing a changing body in a changing world.
- Through wise choices we enhance our health and this contributes to the overall well being of our life, the lives around us and the world.

More Ways To Use This Book



Suggested Way to Use These Prayers

- Please use or substitute the word(s) for God, the Divine, which speak to you and are most resonate.
- Please adapt these prayers by changing words, for instance putting your name in the prayer or changing tenses or pronouns. Share them in ways that increase health. Pray for yourself. Pray for others. You can speak them aloud and repeat a phrase or stanza that has particular significance to you.
- You can also interact with a prayer, a stanza, a line or concept for a day, week or longer. You can use this prayer book when you are feeling challenged or when you are experiencing well being.
- May these prayers inspire further prayers, meaningful action and healthy changes.

Blessings in health,
Reverend Rosemary Partridge
Doctor of Ministry